

One of our lovingly created Kindred Recipes!

Chicken, Banana and Pineapple Korma - Feeds a Family of Four

INGREDIENTS:

- 85g Onions
- 1 Garlic Clove
- 300g Chicken
- 40g Korma Curry Paste
- 200ml Reduced Fat Coconut Milk
- 85g Bananas
- 115g Tinned Pineapples
- 450g Brown Rice

METHOD:

1. Chop the onion and garlic and dice the chicken.
2. Heat oil in large pan, add onions and garlic and cook for a few minutes until softened.
3. Add the korma paste and cook out for a few minutes, then add chicken breast until browned.
4. Add coconut milk, banana and canned pineapple and bring to the boil. Simmer until the chicken is cooked through and the sauce is thickened.
5. Cook the rice as per manufacturer's instructions

Creating inspiring worlds full of awe and wonder for little ones to grow and thrive in.

