

Your

Journey to School

Here are some ideas of the softer skills needed in preparation for school.

Your child will be practising these skills at nursery as well. Our teams are passionate about giving your child the best preparation for their exciting transition.



START

INTERESTS IN THE WORLD AND NEW ACTIVITIES

- ✓ I enjoy learning about the world around me
- ✓ I am interested in exploring new activities
- ✓ I like asking questions



SHARING

- ✓ I can share toys and take turns I like playing games with others
- ✓ I like interacting with other children



SPEAKING AND LITERACY

- ✓ I like looking at books and listening to stories
- ✓ I am able to talk about myself, my needs & feelings
- ✓ I am practising recognising my name when it's written down



LISTENING SKILLS

- ✓ I am able to sit still and listen for a short while
- ✓ I can follow instructions
- ✓ I understand the need to follow rules



WRITING SKILLS

- ✓ I like tracing patterns & colouring in shapes
- ✓ I enjoy making marks



COUNTING

- ✓ I enjoy practising counting objects
- ✓ I like saying number rhymes & playing counting games
- ✓ I can recognise some numbers when they are written down

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GOING TO THE W/C

- ✓ I can go to the toilet on my own, wipe myself properly & flush
- ✓ I can wash and dry my hands without any help



INDEPENDENCE

- ✓ I am happy to be away from my mummy, daddy or my main carer
- ✓ I am happy to tidy my belongings & look after my things
- ✓ I am feeling confident about starting school



ROUTINE

- ✓ I have practised putting on my uniform & getting ready to leave on time
- ✓ I have a good bedtime routine so I'm not feeling tired for school



EATING

- ✓ I can put food onto my plate
- ✓ I can use a knife and fork
- ✓ I can open my packed lunch on my own
- ✓ I am confident at opening wrappers & packaging



SELF CARE

- ✓ I know when to wash my hands
- ✓ I can wipe my nose
- ✓ I can ask for help when I need it



DRESSING INDEPENDENTLY

- ✓ I can button & unbutton my shirt
- ✓ I can put my own shoes & socks on
- ✓ I can change into my PE kit
- ✓ I can put on my coat and zip it up
- ✓ I can put my clothes on the right way around



- ✓ I'm learning to eat at the times I will on school days