Kindred Inspiration Corner for Babies, Toddlers and Pre-Schoolers



TOP TIPS

- Have a plan for each day and draw out what you and your child will be doing
- Set-up some clearly defines spaces cosy area and a place for quiet times
- ☑ Getting children physically active everyday is going to be essentials wear them out with lots of exercise.

Home Learning for Babies

☑ Explore treasure basket

Collect lots of natural objects from around the home, such as sponges/materials/metal bangles. Put them together in a basket and let your little one explore.

☑ Mathematics box play

Cut circular holes in a cardboard box, of all different sizes and provide your child with a variety of balls to post through the holes.

☑ Kitchen cupboard play

Get out any pans, plastic bowls or kitchen equipment along with wooden and plastic spoons and make some music with your little one.

Physical Play

Set up an obstacle course with cushions and help your child crawl up and over things.



☑ Pour and tip at bath time

Collect different containers from around the home and put them in your child's bath. Let them explore filling and tipping with different sizes and volumes.

☑ Musical instruments

Fill similar sized jars with different amounts of water - you could even add different food dye colours to the water for fun. Use a wooden spoon to tap the jars and create a tune.

Sensory play playdough

Make your own playdough (check out the recipe in our very own Inspiration Corner

☑ Literacy letter eye spy

Look through books and magazines around the house and try and spot letters that match your name.



☑ Bubble painting

Add three tablespoons of bubble solution and two tablespoons of paint to a cup. Mix the paint and bubble solution together. Place a piece of paper on the table. Dip the bubble wand into the bubble paint and then blow out bubbles so they land on the paper.

Use dining chairs/table and a sheet to set up a home corner it could be a shop/café/travel agent, and it can change every day!

☑ Creating a homemade laser maze

Create a simple laser maze using a roll of crepe paper and some tape in a hallway. Get the whole family involved and work your way through the maze! Check out our blog to see one in action.

✓ Mathematics sorting

Ask them to help you tidy by sorting socks and different items of clothing into piles.

Recommended Links



This Facebook group has been set up to provide support, tips and ideas if you are at home with your family. You will find suggestions from crafts, to challenges, to cooking, to indoor sports and more! The difference between this and other groups is that all posts will be suitable for the government self isolation guidelines.

www.facebook.com/groups/871176893326326



Joe Wicks (the Body Coach) has announced that he will run free PE lessons your children can do at home on his YouTube channel. Every day. MON FRI at 9am 'P.E with Joe'.

www.youtube.com/user/thebodycoach1



Edinburgh Zoo has live streaming cameras so you can watch the life of the animals. Watch Tanami the Koalla, Yang Guang the Panda, penguins and more.

www.edinburghzoo.org.uk/webcams



TheDadLab has become an online sensation by sharing his mind blowing and easy to do science experiments with parents from all over the world that he has done with his children using everyday materials found at home.

www.thedadlab.com



Get inspired with playful activities to help your child develop skills for school and life. EasyPeasy delivers fun, timely, educational, and easy to play games, straight into your hands.

www.easypeasyapp.com