

OUR HOME-COOKED EXPERTLY CREATED HEALTHY KINDRED MENUS

One of our lovingly created Kindred Recipes!

Fruit Fool

Ingredients

(Based on Family of 4)

200g Tinned or fresh fruit

300g Custard

15g Oats

Method

- If using fresh fruit, chop and stew for 10 minutes or until soft and allow to cool.
- Combine to fruit and custard.
- Sprinkle the oats evenly over the fruit and custard mix.
- Serve and enjoy!

Creating inspiring worlds full of awe and wonder for little ones to grow and thrive in.