

One of our lovingly created Kindred Recipes!

Rhubarb Fool

Ingredients

(Based on Family of 4)

- ✓ 200g Tinned or fresh rhubarb
- ✓ 300g Custard
- ✓ 15g Oats

Method

- ✓ If using fresh rhubarb, chop and stew for 10 minutes or until soft.
- ✓ Combine the rhubarb and custard.
- ✓ Sprinkle the oats evenly over the rhubarb and custard mix.
- ✓ Serve and enjoy!