



**Kindred**

Inspiring Nurseries and Pre-Schools

“  
**More  
About  
Me**  
”

**My experiences at home  
during lock-down**

**My Name Is:**

Blank space for writing a name, enclosed in a white rounded rectangle with a decorative border at the bottom.

# Dear parents and carers

As we look forward to welcoming your child/ren back to our nursery, it would be helpful to know what you have been doing at home during lockdown. The information that you share with us will help us to re-settle your child and make sure that we can meet their individual needs.

If your child is due to start school this year, we will also share this form with their school.

**Please complete the following giving as much information as you feel able to share:**

## Life during lockdown

**What has your daily routine been like during lockdown?**

**Have you made use of any on-line resources with your child during lock-down? If so, which did you find particularly useful?**

**Has your child had the opportunity to socialise with family and friends i.e. by telephone, social media?**

**What has your child particularly enjoyed doing at home with you?**

**Have you and your family discovered a new hobby that you intend to continue after lock-down?**

**What, if any outdoor activities have you been doing as a family during your daily exercise?**

**Has your child had any specific questions or concerns about coronavirus? How have you responded?**

**Have you found anything particularly challenging during the lock-down?**

**If your child normally receives support from another service i.e. speech and language, portage or other, have you had contact with them during lock-down?**

# Changes we need to know about

Does your child have a different routine that we now need to know about? Please give us any updates

Has your child mastered a new skill since we last saw them?

Has your child discovered a new favourite book, toy or interest?

Is there any other information you feel we should know i.e. have you suffered a loss or bereavement due to coronavirus?

# Coming back to nursery

**What impact do you think lock-down has had on your child? (positive and/or negative)**



**Has your child talked about missing nursery? What have they missed the most?**



**Have you talked to your child about coming back to nursery?**



**How are they feeling about this?**



**Do you have any concerns about how your child will settle back in with us?**

**Is there anything you would like us to do to help settle your child back in?**

## **Do you have any questions for us?**

**Is there anything at all you would like to discuss further with me or your child's key person before your child returns?**

Key Person Name:

Parent Name:

Date of Completion