



### My experiences at home during lockdown

My Name Is:

# Dear parents and carers

As we look forward to welcoming your child/ren back to our Out of School Club, it would be helpful to know what you have been doing at home during lockdown and the holidays. The information that you share with us will help us to re-settle your child and make sure that we can meet their individual needs.

#### Please complete the following giving as much information as you feel able to share:

# Life during lockdown

What has your daily routine been like during lockdown?

Have you made use of any on-line resources with your child during lockdown? If so, which did you find particularly useful, especially around school work / home learning?

Has your child had the opportunity to socialise with family and friends since lockdown?

What has your child particularly enjoyed doing at home with you?

Have you and your family discovered a new hobby that you intend to continue after lockdown?

What, if any outdoor activities have you been doing as a family during your daily exercise?

Has your child had any specific questions or concerns about coronavirus? How have you responded?

Have you found anything particularly challenging during the lockdown?

If your child normally recieves support from another service i.e. speech and language, portage or other, have you had contact with them during lockdown?

#### Changes we need to know about

Has your child discovered any new interests?

Is there any other information you feel we should know i.e. have you suffered a loss or bereavement due to coronavirus?

#### **Coming back to Out of School Club**

What impact do you think lockdown has had on your child? (positive and/or negative)

Has your child talked about missing school or the Out of School Club? What have they missed the most?

Have you talked to your child about coming back to school and the Out of School Club?

How are they feeling about this?

Do you have any concerns about how your child will settle back in with us?

Is there anything at all you would like to discuss further with us before your child returns?

# Do you have any questions for us?

Is there anything at all you would like to discuss further with me or your child's Club Manager before your child returns?

Parent Name:

Date of Completion