

## Menu - Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	A variety of cereals and wholemeal toast rice Krispies, Cornflakes, Weetabix, served with milk. Milk or water to drink.	A variety of cereals and wholemeal toast Rice Krispies, Cornflakes, Weetabix, served with milk. Milk or water to drink.	A variety of cereals and wholemeal toast Rice Krispies, Cornflakes, Weetabix, served with milk. Milk or water to drink.	A variety of cereals and wholemeal toast Rice Krispies, Cornflakes, Weetabix, served with milk. Milk or water to drink.	A variety of cereals and wholemeal toast Rice Krispies, Cornflakes, Weetabix, served with milk. Milk or water to drink.
LUNCH	Vegetable curry with Pilau rice and naan Bread Spiced apple cake	Roast Turkey, new potatoes and vegetables Rice pudding	Tuna pasta bake with broccoli and garlic bread Bananas and custard	Chicken sweet and sour stir fry with noodles Sliced peaches and ice cream	Spiced Lamb and chickpea couscous Yoghurt and summer fruit salad
VEGETARIAN OPTION	Vegetable hotpot.  Yoghurt and summer fruit puree.	Vegetable chilli with basmati rice.  Raspberry sponge.	Vegetable stir fry with noodles.  Fresh fruit salad.	Quorn in white sauce with new potatoes and peas.  Semolina.	Macaroni cheese with green beans.  Fruit crumble with custard.
TEA	Mixed selection of sandwiches with cucumber fingers.  Peach and pear slices.	Tuna and sweetcorn pasta or cheese & sweetcorn pasta.  Shortbread biscuits.	Salmon dip with pitta fingers and vegetable sticks.  Banana loaf.	Savoury rice.  Mango and apricot crunch.	Pizza muffins and salad.  Fresh fruit.