

# Kindred's Kindness Advent Calendar



**1**  
Write a thank you note to someone who has helped you

**2**  
Share a favorite story book with a friend or family member

**3**  
Offer to share a little treat with a friend

**4**  
Give a high five to someone who has gone something good

**5**  
Help to pack your bag in the morning

**6**  
Make a new friend at Nursery or Pre-school

**7**  
Say "good morning" or "goodnight" to someone with a smile

**8**  
Offer to help a teacher at Nursery or Pre-school

**9**  
Make a homemade card for someone you appreciate

**10**  
Help to pick up litter in your neighbourhood

**11**  
Give a nice compliment to somebody

**12**  
Draw a picture for a family member or friend

**13**  
Say "I love you" to someone you care about

**14**  
Donate a toy or some clothes to a child in need

**15**  
Leave a book somewhere for someone to find and enjoy

**16**  
Help to tidy up without being asked

**17**  
Make a homemade gift for someone you love

**18**  
Say something kind to someone who is feeling upset

**19**  
Offer a hug to someone who looks sad (if they want one!)

**20**  
Help to put together a donation for a food bank

**21**  
Help a grown up with cooking the dinner

**22**  
Be a good listener when someone is talking

**23**  
Draw a picture for someone you care about

**24**  
Call a grandparent or someone who lives far away



SPREAD KINDNESS AND CHEER THIS FESTIVE SEASON! #KINDREDKINDNESS