

'HOW TO'

Activities...



Blowing raspberries:

- ✓ This is a great activity for babies and young children as it helps encourage conversation, taking turns and helps with mouth and tongue control which is great for language development.
- ✓ First you have a go! Blow a really BIG raspberry!
- ✓ Then try blowing a raspberry on the back of your child's hand.
- ✓ Encourage them to have a go and copy you.
- ✓ Most of all #SMILE and have fun!

