

'HOW TO'

Activities...



Plant a seed and watch it grow!

- ✓ The best and easiest seed to grow is a runner bean.
- ✓ Prepare a plastic cup with damp kitchen paper which covers the bottom and half way up the cup.
- ✓ Place your seed in the middle of the cup.
- ✓ Water your seed with a little water every day and watch it grow.
- ✓ Measure your plant with anything you have available to see how much it grows. We used Duplo Bricks and one plant reached 19 Bricks tall!!

