Journey to Big School

How can you prepare your child for school?

You're not expected to do all of these tasks, you will progress at your own level.



Interest in the world & new activities

- I enjoy learning about the world around me
- I am interested in exploring new activities or environments
- I like asking questions



Sharing & taking turns

- I can share toys and take turns
- I like playing games with others
- I like interacting with other children

Speaking & literacy

- I like looking at books and listening to stories
- I am able to talk about myself, my needs & feelings
- I am practising recognising my name when it's written down

Listening & Understanding

- I am able to sit still and listen for a short while
- I can follow instructions
- I understand the need to follow rules

Writing skills

- I like tracing patterns & colouring in shapes
- I enjoy making marks





Counting skills

- I enjoy practising counting objects
- I like saying number rhymes & playing counting games
- I can recognise some numbers when they are written down

Going to the toilet

- I can go to the toilet on my own, wipe myself properly & flush
- I can wash and dry my hands without any help



Routines

- I have practised putting on my uniform & getting ready to leave on time
- I have a good bedtime routine so I'm not feeling tired for school
- I'm learning to eat at the times I will on school days



Independence

- I am happy to be away from my mummy, daddy or my main carer
- I am happy to tidy my belongings & look after my things
- I am feeling confident about starting school

What are you looking forward to the most? Is there anything you're unsure of?



Eating

- I can put my own food on to my plate
- I can use a knife and fork
- I can open my packed lunch on my own
- I am confident at opening wrappers & packaging



Self-care

- I know when to wash my hands
- I can wipe my nose
- I can ask for help when I need it

Getting dressed & undressed on my own

- I can button & unbutton my shirt
- I can put my own shoes & socks on
- I can change into my PE kit
- I can put on my coat and zip it up
- I can put my clothes on the right way around





