Our Twinkle, Twinkle Activities



This is a great craft for pre-schoolers to help you with start to finish and for little ones to get involved in the decorating. And what better time than now - they will be ready for Christmas tree decorating.

INGREDIENTS

- 2 cups all purpose flour- plus more for the board
- 🗹 ½ cup salt
- ¾ 1 cup water (you may need less)
- food colouring (optional)

INSTRUCTIONS



- **1.** Preheat the oven to **300** degrees and line a few baking sheets with parchment paper.
- 2. Combine the flour and salt and mix well. Preferably using an electric mixer.
- 3. With the mixer on low speed add in the water slowly until dough comes together in a ball. You may need as little as ½ cup of water or as much as 1 cup so pour slowly and stop when the dough comes together and feels like cookie dough.
- 4. Wrap in plastic wrap and refrigerate for about 10 minutes to firm up.
- 5. On a very well floured board, roll dough out to ¼" thick. Cut out the star shapes using cookie cutters.
- 6. Transfer ornaments to prepared cookie sheets and poke a small hole in each using a toothpick. Make hole large enough for an ornament hook or ribbon.
- 7. Bake for 30 minutes. The ornaments should only harden but not brown.
- 8. Once they have cooled down, the fun can start get decorating!

Did You Know?

Legend has it that Mozart composed this tune when he was only 5 years old. However, sadly this is understood to not be true now.

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Here are a few other fun activities to try at home. We hope your family enjoy getting stuck into these and we can't wait to hear all about them!

Let's Get Stargazing

This a great way to get our little ones outside and experiencing the awe and wonder of our world.

You can also find some great free apps, like Star Chart, which allows you to hold your phone up to the night sky and plot out countless stars and planet positions. You and your family will be an expert in no time!



Did You Know?

In actual fact, this rhyme combines the melody of the French tune "Ah, vous dirai-je, Maman" with an English poem by Jane Taylor.

Star Sensory Bag

This is a great activity for our littlest ones during their tummy time. The black and contrasting colours are perfect for this age.

All you need is a strong zip lock bag, some stars and black food dye or black paper - and your are away, stargazing from your living room floor!